



**MEALS on WHEELS
CHEYENNE**

TOGETHER, WE CAN DELIVER.

MENU

MONDAY AUGUST 2	Cream Beef Gravy Buttermilk Biscuit Brussel Sprouts Baby Carrots Mint Brownie
TUESDAY AUGUST 3	Vietnamese Pork Sammie Fresh Vegetable Medley Mango Pineapple Fluff
WEDNESDAY AUGUST 4	Salmon Burger with Lemon Mayo Bun Roasted Harvest Vegetable Blend Asparagus Fruit Cup Magic Bar
THURSDAY AUGUST 5	Teriyaki Chicken and Rice Bowl Cauliflower Baked Apples Peanut Butter Cookie
FRIDAY AUGUST 6	Turkey Club Sandwich Cottage Cheese with Peaches Jicama Salad Lemon Bar

If you need to cancel your meal please contact Meals on Wheels of Cheyenne by 9:30am at (307) 635-5542.

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS