



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

August Meal Sponsor



MONDAY AUGUST 1	Chicken Kiev Garlic Mashed Potatoes Creamed Spinach Stone Fruit Salad Wheat Roll
TUESDAY AUGUST 2	Shredded Beef Tacos Corn & Black Bean Blend Spanish Rice Mango Mexican Chocolate Bread Pudding
WEDNESDAY AUGUST 3	Biscuits & Gravy Scrambled Eggs Baked Apples Yogurt w/Granola Grape Juice
THURSDAY AUGUST 4	Spaghetti & Meatballs Italian Tossed Salad Focaccia Bread Kiwi Cherry Shortcake
FRIDAY AUGUST 5	Chickpea Pita Pocket Lettuce & Tomato Pickled Beets Peanut Butter Dream Bar Cheesestick

*If you need to cancel your meal
 please contact our office
 by 9:30am
 at (307) 635-5542.*

**MENU SUBJECT TO CHANGE
 BASED ON AVAILABILITY AND
 DIETARY RESTRICTIONS**