



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

We will be closed on December 24<sup>th</sup> and 25<sup>th</sup> for Christmas as well as December 30<sup>th</sup> and 31<sup>st</sup> for New Years.

We will send out frozen meals for these days and the weekend on Thursday December 22<sup>nd</sup> and 29<sup>th</sup>.

If you do not wish to receive these meals, please call us at (307) 635-5542 before December 21<sup>st</sup>.

*If you need to cancel your meal please contact our office by 9:30am at (307) 635-5542.*

<b>MONDAY DECEMBER 13</b>	Beef Pot Pie Steamed Red Potato Creamed Corn Cherries Chocolate Espresso Cake
<b>TUESDAY DECEMBER 14</b>	Breakfast Tacos Pico de Gallo Sour Cream & Taco Sauce Banana Cereal
<b>WEDNESDAY DECEMBER 15</b>	Salmon Pesto Fettuccine Roasted Beets Grapes Breadstick Raspberry Oat Bar
<b>THURSDAY DECEMBER 16</b>	Chicken Marsala Wild Rice Brussel Sprouts Diced Peaches Frosted Gingerbread Cake
<b>FRIDAY DECEMBER 17</b>	Turkey & Swiss Pinwheels Tossed Salad Mixed Melon Red Velvet Whoopie Pie

**MENU SUBJECT TO CHANGE  
BASED ON AVAILABILITY AND  
DIETARY RESTRICTIONS**