



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

MONDAY
DECEMBER 6

Orange Chicken
Jasmine Rice
Oriental Blend
Sliced Pears
Creamsicle Cake

TUESDAY
DECEMBER 7

Country Fried Steak
Mashed Potatoes w/Country Gravy
Green Beans
Tropical Fruit
White Roll

WEDNESDAY
DECEMBER 8

Baked Cod
Butter & Parmesan Noodles
Honey Roasted Carrots
Tossed Salad
Peppermint Cocoa Cookie

THURSDAY
DECEMBER 9

Kalua Pork
Hawaiian Roll
Steamed Cabbage
Pineapple
Magic Bar

FRIDAY
DECEMBER 10

Egg Salad with Lettuce & Tomato
Croissant
Sliced Cucumber
Apple
Banana Pudding
String Cheese

*If you need to cancel your meal
please contact our office
by 9:30am
at (307) 635-5542.*

**MENU SUBJECT TO CHANGE
BASED ON AVAILABILITY AND
DIETARY RESTRICTIONS**

2015 S. Greeley Hwy • Cheyenne, WY 82007
(307) 635-5542 • mealsonwheelsofcheyenne.com