



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

February 21<sup>st</sup> is Presidents' Day and we will be sending out frozen meals. If you don't want one please call 307-635-5542 before February 18<sup>th</sup>.

*If you need to cancel your meal please contact our office by 9:30am at (307) 635-5542.*

<p><b>MONDAY</b> <b>FEBRUARY 7</b></p>	<p>Cabbage Burger Casserole          Creamed Corn          Lima Beans          Spice Cake</p>
<p><b>TUESDAY</b> <b>FEBRUARY 8</b></p>	<p>Caprese Chicken          Bowtie Pasta          Roasted Broccoli          Kiwi          Breadstick          White Chocolate Cherry Brownie</p>
<p><b>WEDNESDAY</b> <b>FEBRUARY 9</b></p>	<p>Red Lentil Curry          Jasmine Rice          Garlic Naan          Stir-Fry Vegetables          Mango          Coconut Macaroon</p>
<p><b>THURSDAY</b> <b>FEBRUARY 10</b></p>	<p>Fish &amp; Chips          Lemon &amp; Tartar Sauce          Green Beans          Craisins</p>
<p><b>FRIDAY</b> <b>FEBRUARY 11</b></p>	<p>Loaded Chickpea Salad          Lettuce          Apple w/Peanut Butter          Cheese Stick          Blueberry Corn Muffin</p>

**MENU SUBJECT TO CHANGE  
 BASED ON AVAILABILITY AND  
 DIETARY RESTRICTIONS**