



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

We will be closed July 27th for Cheyenne Day and will be handing out a frozen meal. If you would like to cancel your meal please give us a call.

MONDAY JULY 18	Ranch Chicken Sandwich Curly Fries Broccoli Greek Yogurt w/Peaches
TUESDAY JULY 19	Teriyaki Beef Lo Mein Oriental Blend Mandarin Oranges Chinese Almond Cookie
WEDNESDAY JULY 20	Tuscan Lasagna Rolls Tuscany Blend Rosemary Olive Oil Bread Grapes Coffee Mousse
THURSDAY JULY 21	Pecan Crusted Salmon Wild Rice Honey Glazed Carrots Arugula & Fennel Salad Frosted Yellow Cake
FRIDAY JULY 22	Cuban Panini Zesty Lime Slaw Fresh Apple Slices Strawberry Pretzel Salad

July Meal Sponsor



Platte Valley Bank
A Platte Valley Company

*If you need to cancel your meal
please contact our office
by 9:30am
at (307) 635-5542.*

**MENU SUBJECT TO CHANGE
BASED ON AVAILABILITY AND
DIETARY RESTRICTIONS**