



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

MONDAY
MARCH 7

Broccoli Pesto Fettuccine
Roasted Tomato & Red Peppers
Italian Tossed Salad
Breadstick
S'mores Fudge

TUESDAY
MARCH 8

Oven Fried Chicken
Mashed Potatoes & Gravy
Green Beans
Peach Halves
Berry Fruit Pizza

WEDNESDAY
MARCH 9

Beef & Bean Burrito
Salsa & Sour Cream
Chuckwagon Blend
Shredded Lettuce & Tomato
Mexican Chocolate Brownie

THURSDAY
MARCH 10

Italian Meatloaf
Garlic Butter Gnocchi
Sautéed Swiss Chard
Mixed Fruit Blend
Lemon Sandwich Cookie

FRIDAY
MARCH 11

Salmon Salad Wrap
Carrot Sticks
Honeydew Melon
Cottage Cheese
Cinnamon Cranberry Oat Bar

*If you need to cancel your meal
please contact our office
by 9:30am
at (307) 635-5542.*

**MENU SUBJECT TO CHANGE
BASED ON AVAILABILITY AND
DIETARY RESTRICTIONS**

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