



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

MONDAY
OCTOBER 11

Quiche Lorraine
Roasted Red Potatoes
Toast Triangles
Pineapple
Juice

TUESDAY
OCTOBER 12

Adobo Chicken
White Rice
Buttered Cabbage
Tropical Fruit
Sopapilla Cheesecake

WEDNESDAY
OCTOBER 13

Fall Turkey Burger
Stuffing
Romaine Salad
Brown Sugar Sweet Potato

THURSDAY
OCTOBER 14

Pot Roast
Egg Noodles
Roasted Beets
Cinnamon Applesauce
Blonde Brownie

FRIDAY
OCTOBER 15

Curry Pasta Salad
Tangy Coleslaw
Fresh Orange
Pumpkin Bar
String Cheese

*If you need to cancel your meal
please contact our office
by 9:30am
at (307) 635-5542.*

**MENU SUBJECT TO CHANGE
BASED ON AVAILABILITY AND
DIETARY RESTRICTIONS**

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