



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

MONDAY
SEPTEMBER
20

Sausage Gravy
Buttermilk Biscuit
Hashbrowns
Mushrooms and Spinach
Juice

TUESDAY
SEPTEMBER
21

Tuscan Chicken
Bowtie Pasta
Italian Blend Vegetables
Garden Salad
Raspberry Cupcake
Breadstick

WEDNESDAY
SEPTEMBER
22

Butternut Squash Soup
Grilled Turkey Sammy & Cranberry
Green Beans
Fresh Apple
Cinnamon Roll

THURSDAY
SEPTEMBER
23

Beef Bourguignon
Mashed Potatoes
Snap Peas
Fruit Cocktail
Chocolate Espresso Cake
Wheat Roll with Honey

FRIDAY
SEPTEMBER
24

Buffalo Chicken Wrap
Blue Cheese Dressing
Baby Carrots
Pineapple Rings
Blue Jello Dessert

*If you need to cancel your meal
please contact our office
by 9:30am
at (307) 635-5542.*

**MENU SUBJECT TO CHANGE
BASED ON AVAILABILITY AND
DIETARY RESTRICTIONS**

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