



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

<p><b>MONDAY</b>  <b>SEPTEMBER</b>  <b>27</b></p>	<p>Fish 'n' Chips  Lemon Wedge and Tartar Sauce  Broccoli  Fresh Orange  Cherry Crisp  Wheat Roll</p>
<p><b>TUESDAY</b>  <b>SEPTEMBER</b>  <b>28</b></p>	<p>Black Bean Soup  Cheese Quesadilla  Chuckwagon Blend Vegetables  Banana  Mexican Cocoa Shortbread</p>
<p><b>WEDNESDAY</b>  <b>SEPTEMBER</b>  <b>29</b></p>	<p>Sweet &amp; Sour Chicken  Fried Rice  Stir Fried Vegetables  Apricot  Fortune Cookie</p>
<p><b>THURSDAY</b>  <b>SEPTEMBER</b>  <b>30</b></p>	<p>BBQ Pulled Pork  Macaroni &amp; Cheese  Collard Greens  Peach Halves  Kentucky Butter Cake</p>
<p><b>FRIDAY</b>  <b>OCTOBER 1</b></p>	<p>Fall Panzanella  Leaf Lettuce  Fresh Radish  Apple Pecan Fruit Salad  Pumpkin Custard</p>

*If you need to cancel your meal  
please contact our office  
by 9:30am  
at (307) 635-5542.*

**MENU SUBJECT TO CHANGE  
BASED ON AVAILABILITY AND  
DIETARY RESTRICTIONS**