



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

MONDAY

MAY 10

Baked Ziti
Capri Blend Vegetables
Spiced Peaches
Breadstick

TUESDAY

MAY 11

Chili Over Baked Potato
Normandy Blend Vegetables
Crushed Pineapple
Lemon Blueberry Cake
White Roll

WEDNESDAY

MAY 12

Breaded Fish Sandwich
Tartar Sauce
Creamed Spinach
Sliced Beets
Strawberries

THURSDAY

MAY 13

Oven Fried Chicken
Ranch Potatoes
Green Beans
Watermelon
White Chocolate Raspberry
Cookie
Wheat Roll

FRIDAY

MAY 14

Roast Beef Wrap
Grapes
Snap Peas
Tapioca Pudding Parfait

*If you need to cancel your meal please
contact Meals on Wheels of Cheyenne
by 9:30am at (307) 635-5542.*

**MENU SUBJECT TO CHANGE BASED ON
AVAILABILITY AND DIETARY RESTRICTIONS**

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