



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

MONDAY
AUGUST 16

White Wine Chicken
Wild Rice
Prince Edward Blend Vegetables
Diced Pears
Fruit Pizza

TUESDAY
AUGUST 17

Roast Beef
Cheddar Pierogis
Sautéed Vegetable Blend
Tossed Salad
Creamy Fruit Salad

WEDNESDAY
AUGUST 18

BBQ Chicken Pizza
Broccoli
Fresh Pineapple
Apple Pie

THURSDAY
AUGUST 19

Coconut Mango Tilapia
Stewed Bean Medley
Cape Cod Blend Vegetables
Tropical Rice Pudding
White Roll

FRIDAY
AUGUST 20

Turkey with Caprese Pasta
Carrot Sticks with Hummus
Cantaloupe
Apple Snicker Salad

*If you need to cancel your meal please
contact Meals on Wheels of Cheyenne
by 9:30am at (307) 635-5542.*

**MENU SUBJECT TO CHANGE BASED ON
AVAILABILITY AND DIETARY RESTRICTIONS**

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