



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

MONDAY
AUGUST 23

Salisbury Steak
Polenta
Ratatouille
Fresh Orange
Italian Wedding Cookie
Wheat Roll

TUESDAY
AUGUST 24

Pork Carnitas
Corn Tortillas
Pico de Gallo
Guacamole
Fresh Apple
Flan

WEDNESDAY
AUGUST 25

Fish Cakes
Scalloped Potatoes
Italian Green Beans
Banana
White Chocolate Lemon Cookie
Sourdough Baguette

THURSDAY
AUGUST 26

Parmesan Crusted Chicken
Brown Rice
Tuscany Blend Vegetables
Apricots
No Bake Cheesecake

FRIDAY
AUGUST 27

Rueben Pasta Salad
Celery
Fresh Plum
Citrus Jello
Craisins

If you need to cancel your meal please contact Meals on Wheels of Cheyenne by 9:30am at (307) 635-5542.

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS

2015 S. Greeley Hwy • Cheyenne, WY 82007
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