



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

Meals on Wheels will be closed on September 6th in observance of Labor Day. We will send out a holiday frozen meal with your September 3rd meal. If you do not need one, please contact our office.

If you need to cancel your meal please contact Meals on Wheels of Cheyenne by 9:30am at (307) 635-5542.

MONDAY AUGUST 30	Chicken Alfredo fettuccine Diced Beets Peaches and Pears Focaccia Bread Tiramisu
TUESDAY AUGUST 31	Chile Relleno Casserole Spanish Rice Yellow Squash Cherries Lime Tart
WEDNESDAY SEPTEMBER 1	Ham and Broccoli Mac n' Cheese Brussel Sprouts Fresh Kiwi Snickerdoodle Cookie
THURSDAY SEPTEMBER 2	File of Fish Sandwich Tartar Sauce Roasted Potatoes Peas & Onions Watermelon Fruit Snack
FRIDAY SEPTEMBER 3	Chicken Waldorf Salad Croissant Cucumber and Onion Salad Strawberries Brownie Trifle

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS