



MEALS on WHEELS

CHEYENNE

TOGETHER, WE CAN DELIVER.



AUGUST MEAL SPONSOR



If you need to cancel your meal, please contact the office before **8:30am** at (307) 635-5542.

new MENU

**MONDAY
AUGUST 17**

Fish and Chips with
Tartar Sauce
Curly Fries
Peas & Carrots
Kiwi
Lemon Loaf

**TUESDAY
AUGUST 18**

Ground Beef Tacos
Refried Beans
Chuckwagon Blend
Cinnamon Apple Crumble

**WEDNESDAY
AUGUST 19**

SNACK BOX
Turkey
Smoked Gouda
Flatbread Crackers
Spinach Artichoke Dip
Sweet Peppers
Blackberries
Peanut Butter Bar

**THURSDAY
AUGUST 20**

Creamy Tomato Chickpeas
Garlic Bread
Parmesan Green Beans
Warm Mango Compote
Frosted Chocolate Cookie

**FRIDAY
AUGUST 21**

Curry Chicken Pasta
Carrot Raisin Salad
Frog Eye Salad
Nectarine

**MENU SUBJECT TO CHANGE BASED ON
AVAILABILITY AND DIETARY RESTRICTIONS**

2015 S. Greeley Hwy • Cheyenne, WY 82007

(307) 635-5542 • mealsonwheelsofcheyenne.com