

## MEALS ON WHEELS CHEYENNE

TOGETHER, WE CAN DELIVER.

We will be closed
September 5<sup>th</sup> for
Labor Day. If you
would not like to
receive a meal please
call by September 4<sup>th</sup>.

## August Meal Sponsor



If you need to cancel your meal please contact our office by 9:30am at (307) 635-5542.

## MENU

| MONDAY<br>AUGUST 22    | Thai Basil Beef<br>Coconut Jasmine Rice<br>Snap Peas<br>Blood Orange<br>Tropical Cake            |
|------------------------|--|
| TUESDAY<br>AUGUST 23   | 4 Cheese Mac 'n' Cheese<br>Monterey Veggie Blend<br>Roasted Beets<br>Frosted Pumpkin Cookie      |
| WEDNESDAY<br>AUGUST 24 | Creamy Chipotle Chicken<br>Rice Pilaf<br>Succotash<br>Mixed Melon<br>Triple Chocolate Mocha Cake |
| THURSDAY<br>AUGUST 25  | Ramen<br>Bok Choy<br>Sourdough Bread<br>Fresh Plum<br>Banana Cupcake                             |
| FRIDAY<br>AUGUST 26    | Turkey Avocado Pinwheel<br>Kale Salad<br>Apples & Grapes<br>Cranberry Bliss Bar                  |

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS