



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

We will be closed on December 30<sup>th</sup> and 31<sup>st</sup> for New Years.

We will send out frozen meals for these days and the weekend on Wednesday December 29<sup>th</sup>.

If you do not wish to receive these meals, please call us at (307) 635-5542 before December 29<sup>th</sup>.

**MONDAY  
 DECEMBER 27**

Salisbury Steak  
 Potato Cubes  
 Carrots  
 Spiced Apples  
 Croissant w/Jelly  
 Oreo

**TUESDAY  
 DECEMBER 28**

Turkey & Dumplings  
 Lima Beans  
 Poached Pear  
 Chocolate Banana Bread  
 Pudding

**WEDNESDAY  
 DECEMBER 29**

Chicken Waldorf Salad  
 Crackers  
 Kiwi  
 Tomato Wedges  
 Pudding Parfait

**THURSDAY  
 DECEMBER 30**



**FRIDAY  
 DECEMBER 31**

Frozen Meal will include:  
 Blackeyed Peas  
 Braised Collard Greens  
 Corn Casserole  
 Jell-O Mold  
 Sour Cream Cake

*If you need to cancel your meal please contact our office by 9:30am at (307) 635-5542.*

**MENU SUBJECT TO CHANGE  
 BASED ON AVAILABILITY AND  
 DIETARY RESTRICTIONS**