



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

January Meal Sponsor



*If you need to cancel your meal
 please contact our office
 before 8:30am
 at (307) 635-5542.*

MONDAY JANUARY 22	Country Fried Steak Rice Pilaf Peas & Onions Diced Peaches Shortbread Cookie
TUESDAY JANUARY 23	Coconut Mango Tilapia Couscous Capri Blend Banana Frosted Chocolate Cake
WEDNESDAY JANUARY 24	Kielbasa w/ Peppers Fingerling Potatoes Brussel Sprouts Applesauce Cup Lemon Bar
THURSDAY JANUARY 25	Thai Stuffed Sweet Potato Poached Pears Hawaiian Roll Butterscotch Blondie
FRIDAY JANUARY 26	Waldorf Chicken Salad Croissant Dragon Fruit Carrots & Ranch Banana Pudding

**MENU SUBJECT TO CHANGE BASED ON
 AVAILABILITY AND DIETARY RESTRICTIONS**