



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

January Meal
Sponsor



**CATHEDRAL
OF ST. MARY**

*If you need to cancel your meal
please contact our office
before 8:30am
at (307) 635-5542.*

MONDAY JANUARY 8	Chicken Parmesan Polenta Green Beans Mandarin Oranges Apple Crisp
TUESDAY JANUARY 9	Lasagna Rolls w/ Meat Sauce Asparagus Spiced Pears Chocolate Torte
WEDNESDAY JANUARY 10	Tortilla Tilapia Spanish Rice Monte Carlo Blend Crushed Pineapple Churro
THURSDAY JANUARY 11	Black Bean Burger Sweet Potato Tots Succotash Corn Muffin Macadamia Cookie
FRIDAY JANUARY 12	Turkey Sandwich Chips Celery Sticks Apple w/ Peanut Butter Lime Jello

**MENU SUBJECT TO CHANGE BASED ON AVAILABILITY
AND DIETARY RESTRICTIONS**