



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

January 17<sup>th</sup> is Martin Luther King Day and we will be closed.

*If you need to cancel your meal please contact our office by 9:30am at (307) 635-5542.*

<p><b>MONDAY</b>  <b>JANUARY 17</b></p>	
<p><b>TUESDAY</b>  <b>JANUARY 18</b></p>	<p>Creamy Pumpkin Ravioli          Sourdough Toast          Cape Cod Blend          Applesauce          Snickerdoodle Bar</p>
<p><b>WEDNESDAY</b>  <b>JANUARY 19</b></p>	<p>Peppercorn Pork          Egg Noodles          Parmesan Dill Carrots          Mandarin Orange Salad          Fruit Crisp</p>
<p><b>THURSDAY</b>  <b>JANUARY 20</b></p>	<p>Beef &amp; Swiss Sliders          French Onion Soup          Bermuda Blend          Cherries          Mocha Meringue Cookies</p>
<p><b>FRIDAY</b>  <b>JANUARY 21</b></p>	<p>Chicken Taco Salad          Pineapple          Cottage Cheese          White Chocolate Raspberry Mousse</p>

**MENU SUBJECT TO CHANGE  
 BASED ON AVAILABILITY AND  
 DIETARY RESTRICTIONS**