



MEALS on WHEELS[®]

CHEYENNE

TOGETHER, WE CAN DELIVER.

MEALS on WHEELS[®] CHEYENNE

January

MEAL SPONSOR



If you need to cancel your meal, please contact the office before 8:30am at
(307) 635-5542

new

MENU

MONDAY
JANUARY 19

TUESDAY
JANUARY 20

WEDNESDAY
JANUARY 21

THURSDAY
JANUARY 22

FRIDAY
JANUARY 23

CLOSED

MEALS WILL BE DELIVERED
FRIDAY JANUARY 16TH

*Our lives begin to end
the day we become
silent about things
that matter.*

Martin Luther King Jr.

Black Bean Burger
Waffle Fries
Marinated Veggie Salad
Fruit Snacks

Pork & Beans
Buttermilk biscuit
Zucchini
Lemon Bar

Chicken Marsala Ravioli
Broccoli
Spiced Apricots
Double Chocolate Cannoli

Cheeseburger Pasta Salad
Sweet Peppers
Fruit Cocktail
Strawberry Jell-O fluff

2015 S. Greeley Hwy • Cheyenne, WY 82007

(307) 635-5542 • mealsonwheelsofcheyenne.com