



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

**MONDAY**  
**JANUARY 31**

Sloppy Joe  
Bun  
Mashed Cauliflower  
Peas & Carrots  
Scotchardoo

**TUESDAY**  
**FEBRUARY 1**

Zuppa Toscana  
Roasted Tomatoes  
Blood Orange  
Ciabatta  
Lemon Cream Cake

**WEDNESDAY**  
**FEBRUARY 2**

Chicken & Broccoli Casserole  
Roasted Veggie Blend  
Tossed Salad  
Cornbread  
Boston Cream Pie

**THURSDAY**  
**FEBRUARY 3**

Salmon Cakes  
Penne Alfredo  
Brussel Sprouts  
Red Apple Rings  
Cheddar Bay Biscuits

**FRIDAY**  
**FEBRUARY 4**

Greek Turkey Pita Pocket  
Carrot & Raisin Salad  
Yogurt & Granola Parfait

*If you need to cancel your meal  
please contact our office  
by 9:30am  
at (307) 635-5542.*

**MENU SUBJECT TO CHANGE  
BASED ON AVAILABILITY AND  
DIETARY RESTRICTIONS**

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