



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

<p>MONDAY JULY 19</p>	<p>Goulash Corn Banana Cherry Pie Wheat Roll</p>
<p>TUESDAY JULY 20</p>	<p>Hot Turkey Gravy Sandwich Mashed Potatoes Green Peas Cranberry Sauce Lemon Meringue Pie</p>
<p>WEDNESDAY JULY 21</p>	<p>Polish Sausage with Peppers & Onion Potato Medley Steamed Cabbage M&M No Bake Cookie White Roll</p>
<p>THURSDAY JULY 22</p>	<p>Miso Glazed Cod Jasmine Rice Oriental Blend Honeydew Melon Cornbread with Honey Raspberry Lemon Loaf</p>
<p>FRIDAY JULY 23</p>	<p>Greek Panzanella with Chicken Citrus Salad Baklava</p>

If you need to cancel your meal please contact Meals on Wheels of Cheyenne by 9:30am at (307) 635-5542.

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS