



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

JULY MEAL SPONSOR



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| <p>MONDAY JULY 10</p> | <p>Sweet Corn Soup Pesto Garlic Bread Pickled Beets Citrus Salad Peach Fruit Pizza</p> |
| <p>TUESDAY JULY 11</p> | <p>Beef Stroganoff Mashed Potatoes Green Beans Cinnamon Apples Oatmeal Cake</p> |
| <p>WEDNESDAY JULY 12</p> | <p>BBQ Chicken Mac & Cheese Brussel Sprouts Sauteed Kale Molasses Cookie</p> |
| <p>THURSDAY JULY 13</p> | <p>Baja Fish Tacos Black Beans Sunshine Blend Lemon Cream Cheese Bar</p> |
| <p>FRIDAY JULY 14</p> | <p>Turkey Sandwich Chips Cucumber Strawberry Pretzel Dessert Kiwi</p> |

*If you need to cancel your meal
please contact our office
before 8:30am
at (307) 635-5542.*

**MENU SUBJECT TO CHANGE BASED ON
AVAILABILITY AND DIETARY RESTRICTIONS**