



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

**new**  
**MENU**

**MEALS on WHEELS<sup>®</sup> CHEYENNE**

*July*

MEAL SPONSOR

**LIVING WATER**  
COMMUNITY CHURCH  
CHURCH ON THE STREET



If you need to cancel your meal,  
please contact the office before

**8:30am** at  
**(307) 635-5542.**

|                                    |                                                                                                   |
|------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>MONDAY</b><br><b>JULY 13</b>    | Chicken & Waffles<br>Cottage cheese with<br>Pineapple<br>Roasted Veggie Blend                     |
| <b>TUESDAY</b><br><b>JULY 14</b>   | Salmon Florentine<br>Polenta<br>Broccolini<br>Focaccia Bread<br>Plum<br>Assorted Cookie           |
| <b>WEDNESDAY</b><br><b>JULY 15</b> | Ham & Beans<br>Jalapeno Cheese Cornbread<br>Collard Greens<br>Blueberry Matcha<br>Angel Food Cake |
| <b>THURSDAY</b><br><b>JULY 16</b>  | Italian Beef Hoagie<br>Tater Tots<br>Garden Salad<br>Italian Ricotta Cookie                       |
| <b>FRIDAY</b><br><b>JULY 17</b>    | English Pea Pasta Salad<br>Sliced Beets<br>Peaches<br>Coconut Cream Pie Bar                       |

**MENU SUBJECT TO CHANGE BASED ON  
AVAILABILITY AND DIETARY RESTRICTIONS**

**2015 S. Greeley Hwy • Cheyenne, WY 82007**

**(307) 635-5542 • [mealsonwheelsofcheyenne.com](http://mealsonwheelsofcheyenne.com)**