



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

new MENU

MEALS on WHEELS CHEYENNE

July

MEAL SPONSOR

LIVING WATER
COMMUNITY CHURCH
CHURCH ON THE STREET



If you need to cancel your meal, please contact the office before **8:30am** at (307) 635-5542

**MENU SUBJECT TO CHANGE
BASED ON AVAILABILITY AND
DIETARY RESTRICTIONS**

MONDAY JULY 28	Cream Beef Gravy Buttermilk Biscuit Brussel Sprouts Baby Carrots Zucchini Bread
TUESDAY JULY 29	Vietnamese Pork Sub Fresh Vegetable Medley Blueberries Strawberry Short Cake
WEDNESDAY JULY 30	Creamy Parmesan Cod Roasted Harvest Blend Spinach Salad Fruit Cup Magic Bar Wheat Roll
THURSDAY JULY 31	Teriyaki Chicken & Rice Bowl Cauliflower Star Fruit Oatmeal Raisin Cookie
FRIDAY AUGUST 1	Kale Chickpea Caesar Wrap Cottage Cheese with Peaches Jicama Salad Mocha Poke Cake

2015 S. Greeley Hwy • Cheyenne, WY 82007

(307) 635-5542 • mealsonwheelsofcheyenne.com