

MEALS ON WHEELS CHEYENNE

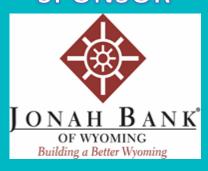
TOGETHER, WE CAN DELIVER.

MENU

JULY MEAL SPONSOR



4th OF JULY SPONSOR



If you need to cancel your meal please contact our office before 9:30am at (307) 635-5542.

MONDAY JULY 3

TUESDAY JULY 4



WEDNESDAY
JULY 5

THURSDAY JULY 6

> FRIDAY JULY 7

Coconut Tilapia Outback Sauce Wild Rice Asparagus Banana

Carrot Cake Muffin

CLOSED INDEPENDENCE DAY Holiday Meal delivered July 3rd

Beer Bratwurst
Spicy Mustard and Bun
Baked Beans
Mac & Cheese
Watermelon Salad
4th of July Ice Box Cake

Spaghetti & Meatballs Cauliflower Garlic Knot Caesar Salad Tiramisu

Poppyseed Chicken
Tater Tots
Chateau Blend Vegetables
Fresh Pear
Scotcharoo

Mediterranean Pita Sweet Peppers Cheese Stick Smore's Cream Pie

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS