



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

**new**  
**MENU**

**MEALS on WHEELS** CHEYENNE

*July*  
MEAL SPONSOR

LIVING WATER  
COMMUNITY CHURCH  
CHURCH ON THE STREET



If you need to cancel your meal,  
please contact the office before  
**8:30am** at  
(307) 635-5542.

<b>MONDAY</b> JULY 6	Shrimp Boil Tarragon Peas Blackberries Oatmeal Chocolate Chip Cake
<b>TUESDAY</b> JULY 7	BBQ Chicken Pizza Spring Greens Tangerine Strawberry Crackle Salad
<b>WEDNESDAY</b> JULY 8	Toasted Ravioli with Marinara Creamed Kale Summer Fruit Blend Lemon Cooler Cake
<b>THURSDAY</b> JULY 9	Kielbasa & Mushrooms Summer Squash Gratin Fresh Pear Scotch-a-roo
<b>FRIDAY</b> JULY 10	Roast Beef Salad Baby Spinach Dinner Roll Mango Smore's Fluff

**MENU SUBJECT TO CHANGE BASED ON  
AVAILABILITY AND DIETARY RESTRICTIONS**

**2015 S. Greeley Hwy • Cheyenne, WY 82007**

**(307) 635-5542 • [mealsonwheelsofcheyenne.com](http://mealsonwheelsofcheyenne.com)**