



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

MONDAY MAY 3	Popcorn Chicken Sweet Potato Waffle Fries Peas and Onions Tropical Fruit Vanilla Wafers White Roll
TUESDAY MAY 4	Herb Pork Chop French Onion Pasta Asparagus Fresh Kiwi Angel Food Cake with Peaches Wheat Roll
WEDNESDAY MAY 5	Fajita Chicken Bowl with Spanish Rice Corn and Black Bean Blend Spiced Cherries M&M Cookie Bars
THURSDAY MAY 6	Beijing Beef Brown Rice and Quinoa Carrots Mandarin Oranges Rice Krispie Treat Wheat Roll
FRIDAY MAY 7	Turkey BLT with Avocado Dill Yogurt Cucumbers Granny Smith Apple Chocolate Cream Pie

*If you need to cancel your meal please  
contact Meals on Wheels of Cheyenne  
by 9:30am at (307) 635-5542.*

MENU SUBJECT TO CHANGE BASED ON  
AVAILABILITY AND DIETARY RESTRICTIONS

2015 S. Greeley Hwy • Cheyenne, WY 82007  
(307) 635-5542 • [mealsonwheelsofcheyenne.com](http://mealsonwheelsofcheyenne.com)