



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

**new**

**MENU**



If you need to cancel your meal, please contact the office before **8:30am** at (307) 635-5542

**MENU SUBJECT TO CHANGE  
BASED ON AVAILABILITY AND  
DIETARY RESTRICTIONS**

**MONDAY  
MAY 19**

Spinach & Cheese Breakfast Casserole  
Berry Blintz  
Potato Hash  
Fresh Apple

**TUESDAY  
MAY 20**

Hamburger Steak  
Horseradish Mashed Potatoes  
Peas & Onions  
Buttermilk Biscuit  
M&M Rice Krispy

**WEDNESDAY  
MAY 21**

Stuffed Pork Loin  
Garlic Herb Pasta  
Asparagus  
Watermelon  
Chocolate Orange Thumbprint

**THURSDAY  
MAY 22**

Jerk Seasoned Rock Fish W/ Chutney  
Coconut Rice & Beans  
Plantains  
Jicama Salad  
Rum Cake

**FRIDAY  
MAY 23**

Cobb Salad  
Croissants  
Layered Jell-O

**2015 S. Greeley Hwy • Cheyenne, WY 82007  
(307) 635-5542 • [mealsonwheelsofcheyenne.com](http://mealsonwheelsofcheyenne.com)**