



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

## November Meal Sponsor



<b>MONDAY</b> <b>NOVEMBER 18</b>	Baked Potato Soup Wheat Roll Winter Blend Blood Orange Peanut Butter Cookie
<b>TUESDAY</b> <b>NOVEMBER 19</b>	Chicken Picatta Fettuccine Asparagus Spiced Peaches Date Cake
<b>WEDNESDAY</b> <b>NOVEMBER 20</b>	Fall Vegetable Casserole Wild Rice Roasted Beets Garlic Kale Dutch Apple Pie
<b>THURSDAY</b> <b>NOVEMBER 21</b>	French Onion Meatloaf Potato Wedges Baby Carrots Apricot Halves Zucchini Bread
<b>FRIDAY</b> <b>NOVEMBER 22</b>	Turkey Sliders Pea Salad Blueberries Mocha Pudding

*If you need to cancel your meal  
 please contact our office  
 before 8:30am  
 at (307) 635-5542.*

**MENU SUBJECT TO CHANGE BASED ON  
 AVAILABILITY AND DIETARY RESTRICTIONS**