



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

November Meal Sponsor

Wyoming
TOGETHER



*If you need to cancel your meal
 please contact our office
 before 8:30am
 at (307) 635-5542.*

<p>MONDAY NOVEMBER 6</p>	<p>Tuna Noodle Casserole Baby Carrots Spiced Cherries Coconut Lime Crumb Bars</p>
<p>TUESDAY NOVEMBER 7</p>	<p>Ground Beef Tacos Refried Beans Chuckwagon Blend Cinnamon Tres Leche Cake</p>
<p>WEDNESDAY NOVEMBER 8</p>	<p>Vegetable Lasagna French Green Beans Pesto Focaccia Bread Marinated Strawberries</p>
<p>THURSDAY NOVEMBER 9</p>	<p>Cuban Sandwich Tossed Salad Frosted Ginger Bars</p>
<p>FRIDAY NOVEMBER 10</p>	<p>CLOSED  Veterans Day Meal Rib Roast Baked Potato w/ Sour Cream Asparagus Cheddar Chive Biscuit Cheesecake Parfaits</p>

**MENU SUBJECT TO CHANGE BASED ON
 AVAILABILITY AND DIETARY RESTRICTIONS**