



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

November Meal Sponsor



<p>MONDAY NOVEMBER 21</p>	<p>Country Fried Steak Rice Pilaf Peas Fruit Salad Holiday Buttermilk Cookie</p>
<p>TUESDAY NOVEMBER 22</p>	<p>Salmon Chowder Oyster Crackers Parmesan Dill Carrots Clementine Dark Chocolate Banana Poke Cake</p>
<p>WEDNESDAY NOVEMBER 23</p>	<p>Chicken Caprese Pasta Salad Radishes Tropical Fruit Salad Smores Pudding</p>
<p>THURSDAY NOVEMBER 24</p>	<p>Holiday Frozen Meal delivered 11/23 Turkey, Mashed Potatoes w/ Gravy Stuffing, Sweet Potato Casserole Green Bean Casserole Cranberry Relish & Roll Pumpkin Pie</p>
<p>FRIDAY NOVEMBER 25</p>	

*If you need to cancel your meal
please contact our office
by 9:30am
at (307) 635-5542.*

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY
AND DIETARY RESTRICTIONS

Meals On Wheels will **NOT** deliver on:

Thanksgiving - Thursday & Friday November 24 and 25.

You will receive these frozen meals and any weekend frozen meals in advance of the closure days.

If you do not want the frozen meals, please call us right away.

635-5542 ext 0