



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

We will be closed on November 25th and 26th for Thanksgiving.

We will send out frozen meals for these days and the weekend on Wednesday November 24th.

If you do not wish to receive these meals, please call us at (307) 635-5542 before November 24th.

If you need to cancel your meal please contact our office by 9:30am at (307) 635-5542.

**MONDAY
 NOVEMBER 22**

Herb Tilapia
 Mushroom Ravioli
 Lemon Garlic Kale
 Citrus Salad
 Lemon Blueberry Poke Cake

**TUESDAY
 NOVEMBER 23**

Cheeseburger on a Bun
 Tater Tots
 Autumn Coleslaw
 Strawberry Applesauce

**WEDNESDAY
 NOVEMBER 24**

Chicken Caesar Salad
 Focaccia Bread
 Dried Appricots
 Chocolate PB Banana Cake

**THURSDAY
 NOVEMBER 25**



Holiday Frozen Meal Includes:

Turkey
 Mashed Potatoes w/ Gravy
 Stuffing
 Maple Sweet Potatoes
 Green Bean Casserole
 Cranberry Sauce
 Homemade Roll
 Apple Pie

**FRIDAY
 NOVEMBER 26**



**MENU SUBJECT TO CHANGE
 BASED ON AVAILABILITY AND
 DIETARY RESTRICTIONS**