



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

November Meal Sponsor



December Meal Sponsor



*If you need to cancel your meal
 please contact our office
 by 9:30am
 at (307) 635-5542.*

<p>MONDAY NOVEMBER 28</p>	<p>Stuffed Peppers Tri Colored Rotini Fire Roasted Corn Peaches Chocolate Sandwich Cookie</p>
<p>TUESDAY NOVEMBER 29</p>	<p>Ranch Chicken Sandwich w/ a Bun Sweet Potato Waffle Fries Zucchini Holiday Rice Krispie Treat</p>
<p>WEDNESDAY NOVEMBER 30</p>	<p>Black Bean Soup Cheesy Garlic Bread Crinkle Cut Carrots Red Apple Rings Coconut Macaroon</p>
<p>THURSDAY DECEMBER 1</p>	<p>Rustic Italian Cod Aztec Rice Blend Root Vegetable Blend Pineapple Chunks M&M Dream Bar</p>
<p>FRIDAY DECEMBER 2</p>	<p>Snack Box with: Ham, Swiss, Crackers, Cucumbers Tropical Trail Mix French Cookies</p>

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY
 AND DIETARY RESTRICTIONS