

MEALS ON WHEELS CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

November Meal Sponsor





Veterans Day
Sponsor



If you need to cancel your meal please contact our office by 9:30am at (307) 635-5542.

MONDAY
NOVEMBER 7

TUESDAY
NOVEMBER 8

WEDNESDAY NOVEMBER 9

THURSDAY
NOVEMBER 10

FRIDAY NOVEMBER 11



Lemon Pepper Cod Mashed Sweet Potato Island Blend

Pumpkin Chocolate Chip Rice

Pudding Pomegranate

Chile Relleno Casserole Mango Pico de Gallo Spanish Rice

Chuckwagon Blend

Churro Pinwheel Cookie

Beef Pot Roast

Cheddar Chive Biscuit

Asparagus Citrus Salad

Key Lime Pie Cookies

Cranberry Chicken Salad Roll Ups Apple & Celery w/ Peanut Butter Hot Chocolate Poke Cake

Veterans Day Meal Delivery 11/10

Steak

Baked Potatoes

Brussel Sprout Au Gratin

Honey Butter Roll

Grapes

New York Cheesecake w/ Berries

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS