



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

October Meal Sponsor



*A quince is a tart fall fruit that looks like an apple or a pear. It's about the same size as an apple, is firm, and has a pleasant smell. The fruit grows on trees and its peak season is late autumn.

If you need to cancel your meal please contact our office before 8:30am at (307) 635-5542.

<p>MONDAY OCTOBER 14</p>	<p>Butter Chicken with Naan Cucumber and Onion Salad Stir Fry Vegetables Caramel Pecan Cookie</p>
<p>TUESDAY OCTOBER 15</p>	<p>Broccoli Cheddar Quiche Hashbrowns Sauteed Spinach Craisins Mimosa Coffee Cake</p>
<p>WEDNESDAY OCTOBER 16</p>	<p>Pumpkin Ravioli w/ Sausage Cranberry Brie Bread Asparagus Pear Halves Snickerdoodle Apple Pie</p>
<p>THURSDAY OCTOBER 17</p>	<p>Chili Pumpkin Cinnamon Roll Chuckwagon Blend Spiced Quince*</p>
<p>FRIDAY OCTOBER 18</p>	<p>Italian Turkey Wrap Tomato & Olive Salad Berry Cheesecake Bar</p>

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS