



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

OCTOBER MEAL SPONSOR



<p>MONDAY OCTOBER 9</p>	<p>Ritz Chicken Broccoli w/ Cheese Polenta Chunky Applesauce Shortbread Cookie</p>
<p>TUESDAY OCTOBER 10</p>	<p>Sweet Chili Turkey Bowl Sesame Green Beans Pineapple Rings Mango Tapioca Cream</p>
<p>WEDNESDAY OCTOBER 11</p>	<p>Beef Stroganoff Egg Noodles Brussel Sprouts Garden Salad Sticky Toffee Pudding</p>
<p>THURSDAY OCTOBER 12</p>	<p>Sundried Tomato Quiche French Toast Sticks O'Brien Potatoes Apple Cherry Juice</p>
<p>FRIDAY OCTOBER 13</p>	<p>Ham & Swiss on Rye Banana w/ Peanut Butter Pickled Beets Sweet Potato Pie</p>

*If you need to cancel your meal
 please contact our office
 before 8:30am
 at (307) 635-5542.*

**MENU SUBJECT TO CHANGE BASED ON
 AVAILABILITY AND DIETARY RESTRICTIONS**