



# MEALS on WHEELS

## CHEYENNE

TOGETHER, WE CAN DELIVER.

new

# MENU

MEALS on WHEELS<sup>®</sup> CHEYENNE

# October

MEAL SPONSOR  
*The* Therapy Center  
AT LIFE CARE CENTER OF CHEYENNE



If you need to cancel your meal, please contact the office before **8:30am** at (307) 635-5542

MONDAY  
OCTOBER 13

Pumpkin Wild Rice Soup  
Garlic Knot  
Applesauce Cup  
Cherry Shortcake Bar

TUESDAY  
OCTOBER 14

Stuffed Acorn Squash  
Green Peas  
Sweet Potato Bread Pudding

WEDNESDAY  
OCTOBER 15

Honey Balsamic Beef  
Glazed Carrots and Parsnips  
Fingerling Potatoes  
Fruit Cocktail  
Harvest M&M Cookie

THURSDAY  
OCTOBER 16

Chicken Apple Sausage with  
Curry Mustard  
Pretzel with Beer Cheese  
Pickled Cabbage  
Blood Orange  
Pumpkin Ale Chocolate Cake

FRIDAY  
OCTOBER 17

Cuban Pasta Salad  
Blueberries  
Snow Peas  
Jell-O

MENU SUBJECT TO CHANGE BASED ON  
AVAILABILITY AND DIETARY RESTRICTIONS

2015 S. Greeley Hwy • Cheyenne, WY 82007

(307) 635-5542 • [mealsonwheelsofcheyenney.com](http://mealsonwheelsofcheyenney.com)