



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

<p>MONDAY OCTOBER 18</p>	<p>Chicken Pot Pie Noodles Broccoli Pear Halves Peach Crisp Wheat Roll</p>
<p>TUESDAY OCTOBER 19</p>	<p>Ham & Beans Cornbread Rainbow Chard Mixed Fruit Blend Strawberry Shortcake</p>
<p>WEDNESDAY OCTOBER 20</p>	<p>Lemon Dill Cod Greek Style Flatbread Crinkle Cut Carrots 3 Bean Salad</p>
<p>THURSDAY OCTOBER 21</p>	<p>Beef & Mushroom Risotto Asparagus Tossed Salad Apricot Danish</p>
<p>FRIDAY OCTOBER 22</p>	<p>Pastrami on Rye Celery Sticks with Ranch Mixed Melon Jello Yogurt</p>

*If you need to cancel your meal
 please contact our office
 by 9:30am
 at (307) 635-5542.*

**MENU SUBJECT TO CHANGE
 BASED ON AVAILABILITY AND
 DIETARY RESTRICTIONS**