



MEALS on WHEELS

CHEYENNE

TOGETHER, WE CAN DELIVER.

new

MENU

MEALS on WHEELS[®] CHEYENNE

OCTOBER

MEAL SPONSOR
The Therapy Center
AT LIFE CARE CENTER OF CHEYENNE



If you need to cancel your meal, please contact the office before **8:30am** at (307) 635-5542

MONDAY
OCTOBER 20

Sweet and Sour Chicken
Fried Rice
Rangoon
Sugar Snap Stir Fry Veggies
Mandarin Oranges
Fortune Cookie

TUESDAY
OCTOBER 21

Peppercorn Pork Chop
Buttered Egg Noodles
Vegetable Blend
Caesar Salad
Chocolate Chip Oatmeal Cake

WEDNESDAY
OCTOBER 22

Sweet Potato and Black Bean Tacos
Fire Roasted corn
Spiced Pineapple
Sopapilla Cheesecake

THURSDAY
OCTOBER 23

Turkey Bacon Ranch Flatbread
Balsamic Brussel Sprouts
Fresh Apple
Pecan Pie

FRIDAY
OCTOBER 24

Reuben Sandwich
Baby Carrots
Pomegranate
Frosted Pumpkin Cookie

MENU SUBJECT TO CHANGE BASED ON
AVAILABILITY AND DIETARY RESTRICTIONS

2015 S. Greeley Hwy • Cheyenne, WY 82007

(307) 635-5542 • mealsonwheelsofcheyenne.com