



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

## October Meal Sponsor



<p><b>MONDAY</b>  <b>OCTOBER 24</b></p>	<p>Taco Pasta Bake            Chateau Blend            Cilantro Lime Slaw            Cookies &amp; Cream Cake</p>
<p><b>TUESDAY</b>  <b>OCTOBER 25</b></p>	<p>Honey Mustard Chicken            Harvest Veggies with Bacon            Cornbread Stuffing            Fresh Plum            Pecan Pie</p>
<p><b>WEDNESDAY</b>  <b>OCTOBER 26</b></p>	<p>White Lasagna            Broccoli            Focaccia Bread            Blood Orange            Salted Caramel Rice Krispy</p>
<p><b>THURSDAY</b>  <b>OCTOBER 27</b></p>	<p>Butternut Squash Soup            Grilled Turkey and Cranberry Sandwich            Apple Kale Salad            Oatmeal Chocolate Chip Cookie</p>
<p><b>FRIDAY</b>  <b>OCTOBER 28</b></p>	<p>Buffalo Chicken Wrap with Ranch Dressing            Baby Carrots            Cheese Stick            Fruit Cocktail            Cosmic Brownie</p>

*If you need to cancel your meal please contact our office by 9:30am at (307) 635-5542.*

**MENU SUBJECT TO CHANGE  
 BASED ON AVAILABILITY AND  
 DIETARY RESTRICTIONS**