



MEALS on WHEELS

CHEYENNE

TOGETHER, WE CAN DELIVER.

new

MENU

MEALS on WHEELS[®] CHEYENNE

OCTOBER

MEAL SPONSOR
The Therapy Center
AT LIFE CARE CENTER OF CHEYENNE



If you need to cancel your meal, please contact the office before **8:30am** at (307) 635-5542

MONDAY
OCTOBER 6

Chicken Tortilla Soup
Garden Salad
Grapefruit Salad
Pear Crumb Cake

TUESDAY
OCTOBER 7

Squash & Eggplant Ravioli
Broccoli
Shaved Fennel Salad
Brown Butter Apple Blondie

WEDNESDAY
OCTOBER 8

Belgian Waffle
Turkey Sausage
Hash Brown Triangle
Chateau Blend Veggies
Yogurt Parfait

THURSDAY
OCTOBER 9

Cheeseburger Rice
Green Beans
Spiced Peaches
Coconut Cream Tart

FRIDAY
OCTOBER 10

Smoked Salmon Bagel
Fresh Tomato
Tropical Fruit Cup
Peanut Butter Mousse Pie

**MENU SUBJECT TO CHANGE BASED ON
AVAILABILITY AND DIETARY RESTRICTIONS**

2015 S. Greeley Hwy • Cheyenne, WY 82007

(307) 635-5542 • mealsonwheelsofcheyenne.com