



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

MONDAY
SEPTEMBER 13

Turkey Pasta Primavera
Caesar Salad
Spiced Peaches
Garlic Biscuit
Coconut Macaroon

TUESDAY
SEPTEMBER 14

Beef & Broccoli
Lo Mein
Oriental Blend Vegetables
Mandarin Oranges
Mixed Berry Cobbler

WEDNESDAY
SEPTEMBER 15

Red Beans & Rice with Sausage
Brussel Sprouts
Corn
Sweet Potato Pie

THURSDAY
SEPTEMBER 16

Southwest Stuffed Potato
Rancho Fiesta Blend Vegetables
Diced Mango
Citrus Tart

FRIDAY
SEPTEMBER 17

Ham & Swiss Sliders
Radishes
Fresh Pears
Tapioca Fruit Fluff

*If you need to cancel your meal please
contact Meals on Wheels of Cheyenne
by 9:30am at (307) 635-5542.*

**MENU SUBJECT TO CHANGE
BASED ON AVAILABILITY AND
DIETARY RESTRICTIONS**

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