



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

SEPTEMBER MEAL SPONSOR



Platte Valley Bank
MEMBER FDIC
A Platte Valley Company

If you need to cancel your meal please contact our office before 8:30am at (307) 635-5542.

MONDAY SEPTEMBER 18	Calico Beans Kale Salad Hawaiian Roll Fresh Plum Strawberry Almond Meringue
TUESDAY SEPTEMBER 19	Poblano Chicken Quesadilla Guacamole & Pico De Gallo Tajin Mango Flan
WEDNESDAY SEPTEMBER 20	Southern Pot Roast Steamed Gold Potato Parmesan Dill Carrots Green Beans Better Than Anything Cake
THURSDAY SEPTEMBER 21	Creamy Pesto Rigatoni Nantucket Blend Veggies Cheesy Garlic Bread Crushed Pineapple Grasshopper Pie
FRIDAY SEPTEMBER 22	Tuna Salad Stuffed Tomato Cheese Stick Strawberries Pea Salad Birthday Cake Cookie

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS