



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

September Meal Sponsor



<p>MONDAY SEPTEMBER 12</p>	<p>Chicken Stir Fry Brown Rice Baby Corn Mandarin Oranges Lemon Bard</p>
<p>TUESDAY SEPTEMBER 13</p>	<p>Salmon Burger w/ Lemon Pepper Aioli Green Beans Sweet Potato Waffle Fries Pineapple Upside Down Cake</p>
<p>WEDNESDAY SEPTEMBER 14</p>	<p>Cheese & Onion Enchilada Refried Black Beans Southwest Blend Guacamole Sopapilla Cheesecake</p>
<p>THURSDAY SEPTEMBER 15</p>	<p>Beef Stroganoff Egg Noodles Multicolor Cauliflower Banana Blackberry Crisp</p>
<p>FRIDAY SEPTEMBER 16</p>	<p>Tuna Salad Wrap Celery w/ Peanut Butter Yogurt Carmel Apple Fruit Pizza</p>

*If you need to cancel your meal
 please contact our office
 by 9:30am
 at (307) 635-5542.*

**MENU SUBJECT TO CHANGE BASED ON
 AVAILABILITY AND DIETARY RESTRICTIONS**